

# HOW ARE YOU FEELING TODAY?

## How are you feeling today?

Our feelings can be like the weather. They can change at any time. Think about how you're feeling right now and what kind of weather it relates to.



Happy



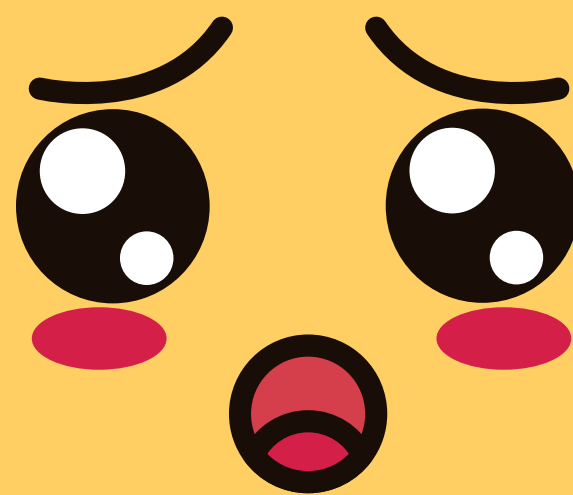
Excited



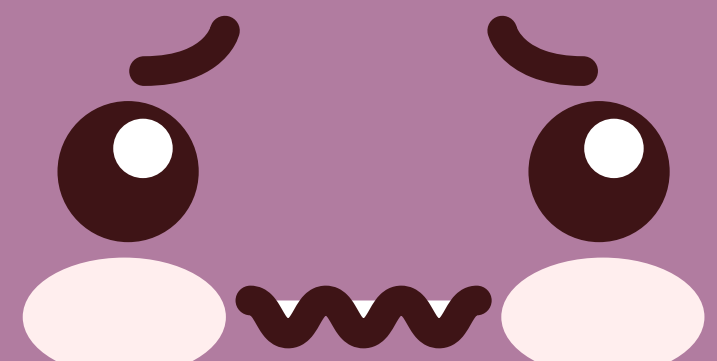
Confident



Sleepy



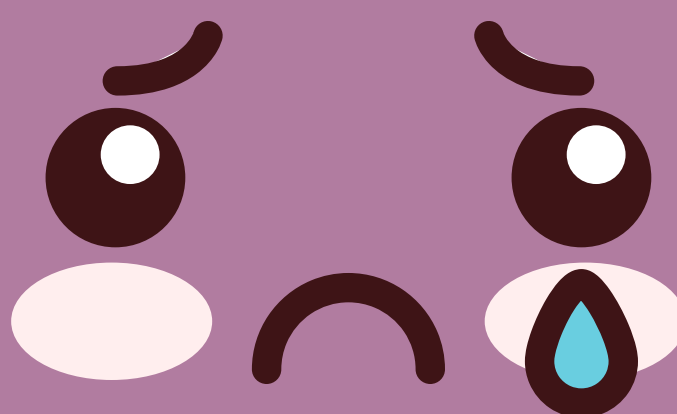
Scared



Confused



Bored



Irritated



Angry